



Winterfest 5K Run and Fitness Walk

35th ANNUAL

Sunday, February 3, 2019

Small Memorial Park, Kankakee, IL



Sponsored By

Court Street Ford
Kankakee River Running Club
Kankakee Valley Park District



Contributing Sponsors

The Chicago Dough Company

Course Description

This is a 2-loop course run on the city streets following the perimeter of Small Memorial Park and Kennedy Upper Grade School. The finish will be computerized. The accuracy of the course is certified by USA Track & Field.

Early Start : For slower walkers or runners.
See back of form for details

Race Directors

Rich Olmstead 815-549-9633
E-mail talkinglvsl@comcast.net
Ken Klipp 815-937-1958

Shirts are only guaranteed to those who pre-register by January 26, 2019 and select the shirt option.

Entry Form

Name _____

Address _____

City _____ State _____ Zip _____

Birthdate ____/____/____ Age on 2/03/19 _____

Phone _____

Email address _____

Area High School _____
check one) () Student () Teacher () Staff

Gender: M _____ F _____ Race: Run _____ Walk _____

Registration and Staging Area

The Civic Auditorium, located at 8th and Charles Street, is the staging area. Take I-57 or Rt 45 to Rt 17 (Court Street), and go west across the river to Wall Street (1st light). Go south on Wall to Water Street (stop sign, T-intersection). Turn right, and go two blocks. Race day registration will be from 11:30 a.m. to 12:30 p.m. The race begins at 1:00 p.m.

Run or Walk and Win \$100!

The area high school with the most participants- teachers, students, and staff- will receive a \$100 donation for its athletic department. Tell your teachers, students, and staff- February fitness, fun, and funding or your athletic department. Be sure to list your school and whether you are a teacher, student, or staff member on your entry form.(\$2 discount for ages 18 and under.)

Pre-Registration Mailing

Mail check to KRRC
690 S. Wildwood Ave
Kankakee, IL 60901
by January 30, 2109



Certified Course
Cert. #IL-03092-JW

Registration Fee

Pre-Registration **No Shirt** \$15.00 _____

Pre-Registration **With Shirt** \$25.00 _____

Race Day Registration **No Shirt** \$20.00 _____

Age 18 and under or KRRC and PSRR

Members: Deduct \$2.00 _____

Shirt size (circle one)

Women's Sizes (May run small): S M L XL

XXL Add \$2:00 _____

Men's Sizes S M L XL

XXL Add \$2:00 _____

Amount Enclosed _____

You may also register online at:
www.racerpal.com/races/winterfest

Waiver of Liability

In consideration of acceptance of this entry, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, my executors, and administrators, waive and release any and all rights and claims for any damages, loss, liabilities, claims, demands, costs and expenses, which I may now or in the future have against the Winterfest 5K, the City of Kankakee, the County of Kankakee, the Kankakee City Police, Kankakee Valley Park District, Kankakee River Running, the Race Directors, and any and all sponsors. Further, I hereby grant full permission to any and all of the foregoing to use any photograph, video, recording or any other record of this event for any purpose whatever.

Signature (Parent or Guardian, if entrant is under 18) _____ Date ____/____/____

Charity

A portion of the proceeds from the Winterfest 5K will be donated to The Salvation Army. Please bring a canned food or non-perishable donation for the food pantry.

Awards

Running division: Top 3 overall male and female, top male and female masters (40 and over), proportioned awards in 5-year age groups for male to age 70 and female to age 65.
Walking division: awards to the first 10. **Please note:** The fitness walk is on the honor system and for **walkers only**. If you are going to run any part of the course, you must register as a runner.

T-Shirts

Long-sleeved shirts guaranteed to all pre-registered by January 26, 2019, who select the shirt option.

Refreshments

Pizza from The Chicago Dough Company

Early Start Available

For our slower walkers or runners, we will offer an early start at 12:30 p.m. This will facilitate an earlier start on the post-race awards ceremony. Your finish time will be adjusted accordingly.

Super 7 Series

Winterfest 5K is Kankakee River Running Club's first club-sponsored race of the year, and is a qualifying race for the Super 7 Series. See the club website www.KankakeeRiverRunningClub.com for details on the Super 7 Series.

KRRC
690 S Wildwood Ave
Kankakee, IL 60901



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Larry Burton
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